



WATERFORD YOUTH SERVICES

2017 FALL PROGRAMS

To Register: Stop into Youth Services at 200 Boston Post Road

Call (860) 444-5848

or visit our website:

www.waterfordct.org/waterford-youth-services-bureau



BACK TO SCHOOL TIPS



Wishing everyone a happy and healthy school year!

Here are some tips for parents/guardians and students....

- Studies show that children who eat a nutritious breakfast function better. They perform better in school, have better concentration and more energy
- Try apps like iHomework or MyHomeWork to help your kids organize assignments
- Establish a specific space like the family office as the official "homework area"
- Remove distractions such as TV's and video game consoles from homework areas
- Have your children set realistic goals for the school year, such as reading 10 books
- Getting enough sleep is critical for a child to be successful in school. Children who do not get enough sleep have difficulty concentrating and learning as well as they can
- Have your child turn off electronic devices well before bedtime
- Be available to answer questions and offer assistance, but never do a child's homework for them
- If your child is having difficulty focusing on or completing homework, discuss this with your child's school counselor or health care provider



HOLIDAY BUS TRIP

SATURDAY, DECEMBER 9TH

JOIN US AS WE HEAD TO NEW YORK CITY TO KICK OFF THE HOLIDAYS! CHECK OUT THE SIGHTS, TAKE A TOUR, SHOP 'TIL YOU DROP OR VIEW THE ROCKFELLER PLAZA CHRISTMAS TREE...THE CHOICE IS YOURS! BUS WILL LEAVE YOUTH SERVICES AT 7:00AM AND RETURN FOR 9:00PM CALL YOUTH SERVICES TODAY FOR MORE INFO!

Counseling Services

Youth Services provides counseling services to Waterford families. Free/reduced fee counseling care or case management services are offered to children between the ages of 5 to 18 and their families. To schedule an appointment, request an intake or for more information about this service please call (860) 444-5848

HOLIDAY PROGRAM FOR RESIDENTS IN NEED

Thanksgiving food baskets as well as Holiday food baskets and gifts are available for residents in need! Residents interested in applying for a basket must apply in person at Waterford Youth Services beginning on Monday, October 30th

TO APPLY FOR A THANKSGIVING FOOD BASKET:

October 30th-November 17th

Residents must have 2 forms of current Waterford mail, a photo ID and income verification. You must be a resident of Waterford

TO APPLY FOR A HOLIDAY FOOD BASKET & GIFTS:

October 30th-December 15th

Residents must have 2 forms of current Waterford mail, a photo ID and income verification. You must be a resident of Waterford

**Elderly residents may apply for a Thanksgiving or Holiday food basket over the phone by calling (860) 444-5848*

Help Make Holiday Wishes Come True!

Last year, over 130 households requested help with food and gifts for the holiday season. Almost 300 food baskets were presented to residents and over 500 gift baskets were given to children.

Please consider helping us make holiday wishes come true by adopting a family in need, organizing a food or toy drive, or donating to our holiday program. For more information on how to help, call Youth Services at (860) 444-5848

VOLUNTEER TO ASSIST YOUTH SERVICES
FOR THE ANNUAL
WATERFORD HARVEST DAY



**SATURDAY, OCTOBER 7TH
NOON-4:00PM
WATERFORD BEACH**



WE WILL HAVE CARNIVAL GAMES FOR KIDS
CALL YOUTH SERVICES TODAY TO HELP OUT
FOR LTS HOURS
(860) 444-5848

Join Our Spirit Team!!!

The Terri Brodeur Breast Cancer Foundation Walk

12th Anniversary Walk

Saturday October 7th, 2017



WE NEED LOUD AND SPIRITED VOLUNTEERS
HELP US CHEER ON WALKERS AS THEY MAKE THEIR WAY TO THE FINISH LINE AT
HARKNESS PARK

**Our SPIRIT CORNER is located
on the corner of Goshen and Great Neck Road
Call us to volunteer to help pass out water, candy and support!**

To help or volunteer call Youth Services at (860)444-5848
To walk call (860) 437-1400 or visit <https://tbbcf.org/>

